

THE CLAIMS DEFINING THE INVENTION ARE AS FOLLOWS

1. A composition for treating or alleviating a symptom resulting from a gynaecological disorder, comprising the herbs:

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| | <i>Chi Shao</i> | (<i>Paeonia obovata</i> , Root) |
| 5 | <i>Dang Gui</i> | (<i>Angelica Polymorpha</i> , Root) |
| | <i>Chuan Xiong</i> | (<i>Ligusticum Wallichii</i> , Root) |
| | <i>Xiang Fu</i> | (<i>Cyperus Rotundus</i> , Rhizome) |
| | <i>Yan Hu Suo</i> | (<i>Corydalis turtschaninovii</i> , Rhizome) |
| | <i>Tao Ren</i> | (<i>Prunus persica</i> , Seed), or parts thereof. |

10 2. A composition for treating or alleviating a symptom resulting from a gynaecological disorder, comprising the herbs *Paeonia obovata*, *Ligusticum wallichii*, *Angelica Polymorpha*, *Cyperus Rotundus*, *Corydalis turtschaninovii*, *Prunus persica*, *Poria cocos*, *Alisma plantago-aquatica*, *Atractylodes macrocephala*, *Spatholobus suberectus*, *Lindera Strychnofolia*, *Glycyrrhiza uralensis*, or parts thereof.

15 3. A composition according to claim 1 or 2, wherein said composition is supplemented with one or more herbs selected from the group consisting of:

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| | <i>Bai Shao</i> | (<i>Paeonia lactiflora</i> , root) |
| | <i>Sheng Di</i> | (<i>Rehmannia glutinosa</i> , root) |
| | <i>Shou Di</i> | (<i>Rehmanniae glutinosae conquitae</i> , root) |
| 20 | <i>Gou Qi Zi</i> | (<i>Lycium chinensis</i> , fruit) |
| | <i>Fang Feng</i> | (<i>Ledebouriella seseloides</i> , root) |
| | <i>Chen Pi</i> | (<i>Citrus reticulata</i> , fruit pericarp) |
| | <i>Chai Hu</i> | (<i>Bupleurum falcatum</i> , root) |
| | <i>Xu Duan</i> | (<i>Dipsacus asper</i> , root) |
| 25 | <i>Ye Jiao Teng</i> | (<i>Polygonum Multiflorum</i> , vine stem) |
| | <i>Tu Si Zi</i> | (<i>Cuscuta</i> , Seed) |
| | <i>Shan Zha</i> | (<i>Crataegus cuneata</i> , fruit) |
| | <i>He Huan Pi</i> | (<i>Albizziae julibrissin</i> , bark) |
| | <i>Yi Mu Cao</i> | (<i>Leonurus sibiricus</i> , Herb) |
| 30 | <i>Tian Qi</i> | (<i>Panax pseudoginseng</i> , Root) |
| | <i>Hong Hua</i> | (<i>Carthamus tinctorius</i> , Flos) |
| | <i>Sang Ji Sheng</i> | (<i>Loranthus parasiticus</i> , Stem) |
| | <i>Xiao Hui Xiang</i> | (<i>Foeniculum Vulgare</i> , Fruit) |

Gui Zhi (Cinnamomum cassia, stem), or parts thereof.

4. A composition according to claim 3, wherein the composition is supplemented with the herbs:

Bai Shao (Paeonia lactiflora, root)

5 *Sheng Di* (Rehmannia glutinosa, root)

Shou Di (Rehmanniae glutinosae conquitae, root)

Gou Qi Zi (Lycium chinensis, fruit)

5. A composition according to claim 3, wherein the composition is supplemented with the herbs:

10 *Fang Feng* (Ledebouriella seseloides, root)

Chen Pi (Citrus reticulata, fruit pericarp)

Shan Zha (Crataegus cuneata, fruit)

6. A composition according to 3, wherein the composition is supplemented with the herbs:

15 *Chai Hu* (Bupleurum falcatum, root)

Ye Jiao Teng (Polygonum multiflorum, vine stem)

He Huan Pi (Albizziae julibrissin, bark)

7. A composition according to claim 3, wherein the composition is supplemented with the herbs:

20 *Xu Duan* (Dipsacus asper, root)

Tu Si Zi (Cuscuta, Seed)

Sang Ji Sheng (Loranthus parasiticus, Stem)

8. A composition according to claim 3, wherein the composition is supplemented with the herbs:

25 *Yi Mu Cao* (Leonurus sibiricus, Herb)

Tian Qi (Panax pseudoginseng, Root)

Hong Hua (Carthamus tinctorius, Flos)

9. A composition according to claim 3, wherein the composition is supplemented with the herbs:

30 *Xiao Hui Xiang* (Foeniculum Vulgare, Fruit)

Gui Zhi (Cinnamomum cassia, stem)

10. A composition according to any one of claims 1 to 9 which includes extracts of the herbs.

11. A composition according to any one of claims 1 to 10, wherein said composition is in the form of a powder, capsule, tablet, liquid or paste.
12. A composition according to any one of claims 1 to 11, further comprising pharmaceutically acceptable extracts, adjuvants, solvents, carriers, flavours,
5 colourings or coatings.
13. A composition according to any one of claims 1 to 12, wherein said composition is formulated with powdered herbs.
14. A composition according to any one of claims 1 to 12, wherein said composition is in capsule or tablet dosage form.
- 10 15. A composition according to any one of claims 1 to 12, wherein said composition is in a liquid or paste form.
16. A method for prophylactic or therapeutic treatment of a gynaecological disorder, comprising the step of administering to a subject requiring such treatment, a composition according to any one of claims 1 to 15.
- 15 17. A method of alleviating or preventing a symptom resulting from a gynaecological disorder comprising the step of administering to a subject requiring such treatment, a composition according to any one of claims 1 to 15.
18. A method according to claim 16 or 17, wherein said gynaecological disorder is endometriosis , adenomyosis and/or dysmenorrhoea.
- 20 19. A method according to claim 18, wherein said gynaecological disorder is endometriosis.
20. A method according to claim 18, wherein said gynaecological disorder is adenomyosis.
21. A method according to claim 18, wherein said gynaecological disorder is
25 dysmenorrhoea.
22. A method according to any one of claims 16 to 21, wherein said composition is administered orally or parenterally.
23. A method according to claim 22, wherein said composition is administered orally.
- 30 24. A method according to any one of claims 16 to 23, wherein said composition is administered in a single bolus dose, multiple doses or via a slow release device.
25. A method according to any one of claims 16 to 24, further comprising the step of administering one or more therapeutic agents in addition to the composition.

26. A composition according to any one of claims 1 to 15 for use as a medicament.
27. Use of a composition according to any one of claims 1 to 15, for the manufacture of a medicament for treating or alleviating a symptom resulting from, a gynaecological disorder.
- 5 28. Use according to claim 27, wherein said gynaecological disorder is endometriosis, adenomyosis and/or dysmenorrhoea.
29. Use according to claim 28, wherein said gynaecological disorder is endometriosis.
30. Use according to claim 28, wherein said gynaecological disorder is
10 adenomyosis.
31. Use according to claim 28, wherein said gynaecological disorder is dysmenorrhoea.
32. Use according to any one of claims 27 to 31, wherein the medicament is formulated for oral administration.
- 15 33. Use according to any one of claims 27 to 32, wherein the medicament is formulated for administration in a single bolus dose, multiple dose or via a slow release device.
34. Use according to any one of claims 27 to 33, wherein one or more therapeutic agents are administered in addition to the composition.